



BREAKFAST until midday

bakery

butter croissant

- with butter, mild cheese & preserves 58
- with smoked ham, Emmental cheese, wholegrain mustard & rocket 72
- with creamy scrambled free-range eggs & bacon 74

muffin

- Bran, nut & raisin with butter, mild cheese & preserves 52
- Spinach & feta with a touch of cayenne & butter 42
- Lightly toasted banana bread served with honey mascarpone 65
- A basket of freshly-milled stoneground bread toasted & served with mild cheese & preserves 48

classics

- Seasonal fruit bowl: Greek yoghurt with fresh seasonal fruit, caramelised almonds & raw honey + granola 68
- Eggs Benedict free-range poached eggs, crispy bacon & Hollandaise on toasted ciabatta with roasted tomatoes 89
- Scrambled free-range eggs, slow-roasted marinated tomatoes served with freshly-milled stoneground toast 78
- Traditional English breakfast with free-range eggs, oven-roasted tomatoes & bacon with freshly-milled stoneground toast 86
- Melissa's Grand breakfast with free-range eggs, crispy bacon, pork chipolatas, mushrooms, courgette & potato hash brown served with freshly-milled stoneground toast 128
- Free-range egg omelette 48
 - + mild cheese 18
 - + pan-fried mushrooms 25
 - + smoked ham 25
 - + smoked salmon trout 58

favourites

- | | 1 slice | 2 slice |
|---|---------|---------|
| Smashed avocado on toasted sourdough with fresh lemon & coriander | 54 | 68 |
| + poached egg | | 10 |
| + bacon | | 25 |
| + salmon trout | | 48 |
| Free-range poached egg, crispy bacon & Hollandaise on courgette & potato hash brown | | 84 |
| Courgette & potato hash brown topped with smoked salmon, cream cheese, caper salsa & free-range poached egg | | 88 |
| Creamy wild mushrooms on toasted ciabatta | | 89 |
| + poached egg | | 10 |
| Flapjacks with seasonal fresh berries, mascarpone & raw honey | | 68 |
| + bacon | | 25 |

LUNCH & LATER

lunch buffet

available at select stores 23 per 100g

light meals

- Minestrone soup, pesto & Parmesan served with toasted ciabatta 72
- Quiche of the day with a fresh green salad 68

salads

- Cajun chicken, butternut, feta & toasted seed mix 94
- Caesar salad with homemade croûtons, crispy bacon & Parmesan + chicken 84
- Roasted cauliflower and lentil salad with a spiced sweet raspberry vinaigrette + chicken 78
- 32

artisan sandwiches (fresh or toasted)

- | | open | closed |
|--|------|--------|
| Roast chicken & fresh herb mayonnaise | 64 | 76 |
| Smoked ham, mild cheese & tomato | 64 | 76 |
| Pulled pork, bacon, pickles, mustard and mild cheese | 64 | 76 |

wraps

- Sweet chilli chicken, red pepper & spinach 86
- Roasted butternut, lentil, basil pesto & feta 78

mains

- Creamy chicken & leek pie with chips 115
- Traditional 100% Pure beef burger with chips 125
- Smoked salmon, cream cheese & caper salsa on open toasted sourdough rye. + avo 89
- 18
- Pan-fried chicken livers in a creamy tomato sauce 78
- Aubergine Parmiggiano of slow-cooked aubergine, Plum tomatoes, mozzarella, Parmesan & fresh basil 86
- Pulled pork, coriander salsa & fresh corn soft taco 84
- Cajun chicken corn fritter with coriander salsa & sour cream 72
- Bunless 100% pure beef burger with grilled aubergine & black mushroom 115
- Slow-roasted tomato, fresh lemon & parmesan linguini pasta 68

sides

- Fresh green salad 38
- Thick-cut sweet potato chips served with roasted garlic mayonnaise 38
- Bowl of chips served with homemade mayonnaise 36

children

- Free-range scrambled eggs on toast 46
- Crunchy fried chicken strips 68
- Grilled cheese toast 36



SWEETS

scones

Scones served with butter, preserves
whipped cream & mild cheese 52

cakes

Carrot cake 48
 Cheesecake 54
 Pecan Praline cheesecake 65
 Lemon Chiffon cake 45
 Valrhona Chocolate cake 48
 Orange Almond cake **wheat-free** 46

treats

Chocolate brownie 34
 Chocolate caramel shortbread 34
 Carrot cake cupcake 34
 Muesli bars with chocolate & caramel 38
 Fruit & nut biscotti 45

DRINKS

hot

coffee

Exclusively blended, Melissa's coffee is
freshly ground & expertly prepared by
our team of Baristas.

Espresso 22
 Americano 23
 Filter 21
 Flat White sgl 26
 Flat White dbl 28
 Caffe Latte 28
 Macchiato 22
 add R2 for decaf
 add R8 for almond milk

hot chocolate

Melissa's traditional 28
 with Nutella baby 12 regular 34

tea

Pot of tea for one 24 for two 28
 Ceylon / Earl Grey / English Breakfast
 / Rooibos
 Pot of loose leaf tea 28
 Japanese Green Sencha / Andean
 Peppermint Leaves / Wild Forest Berry
 infusion / Pear & Cinnamon infusion
 Chai latte 32

red espresso® (Rooibos espresso)

Red Flat White with honey & cinnamon 28
 Red Latte with honey & cinnamon 30
 Red Chai Latte® 32

cold

raw juice

Orange – carrot, apple & orange 42
 Green – apple & cucumber 42
 Red – beetroot & carrot 42
 Pure orange 34
 + ginger / celery / mint / spinach 5

smoothies

Morning – mango, fresh
orange juice, yoghurt & raw honey 38
 Berry – berries, banana & fresh
apple juice 38
 Raw – yoghurt, banana, dates,
peanut butter, soya milk & chia seeds 38

melissa's milkshakes children's 32 regular 42

vanilla / strawberry / dark chocolate /
coffee

iced tea

Bos ice tea 27

iced coffee

32

soda

Appletizer / Grapetizer (red or white) 28
 Coke / Coke light / Tab 23

water

Mineral water (still or sparkling) 22

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